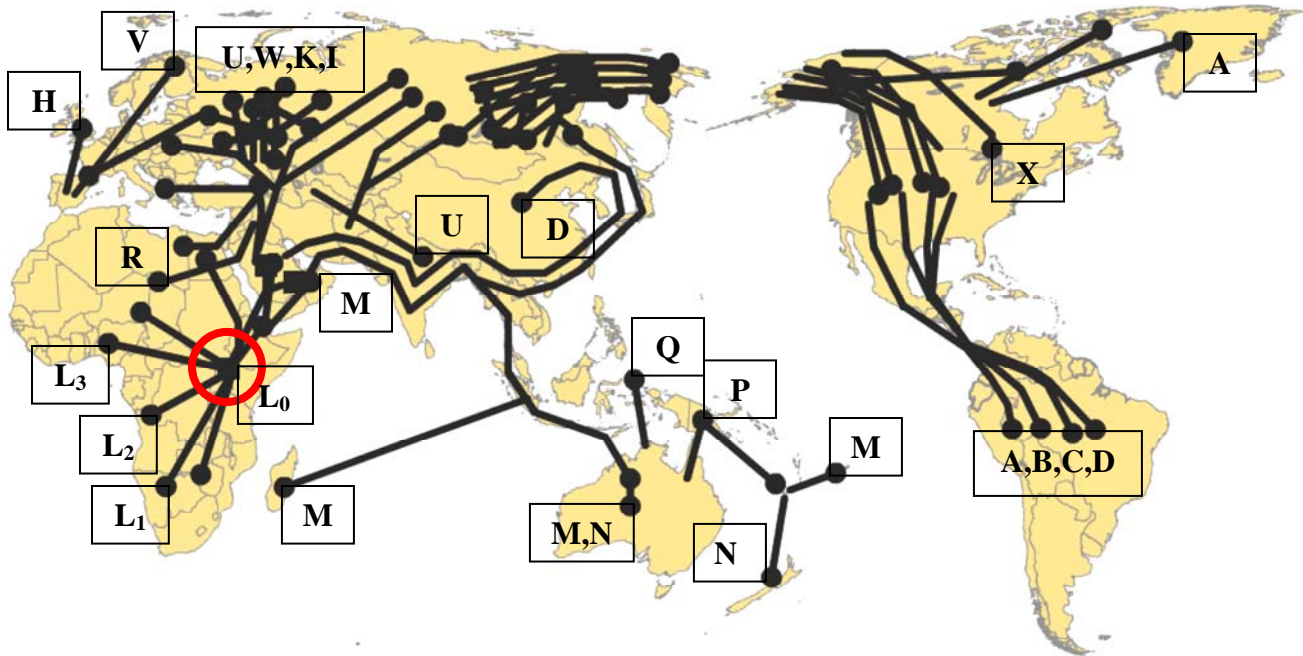


**A Human Migration Map**  
**Based on Mitochondrial DNA (mtDNA) Haplogroups**



*Letters on migration map correspond to mtDNA haplotypes*

**Human history told through the analysis of mitochondrial DNA (mtDNA)**

<b>Thousands of years ago</b>	<b>Event (Newly populated continent in brackets)</b>
200-160	Dawn of Mitochondrial Eve (Africa)
160-130	First steps outward
130-90	The peopling of Africa
90-70	First exit out of Africa (Asia)
70-65	In search of greener lands
65-55	Birth of "Adam" (Australia)
55-40	Trek across Asia
40-25	Expansion to other continents (Europe)
25-19	Bridging the gap - Beringia (North America)
19-15	In search of a refuge (South America)
15-12	The last ice age breaks
12-present	Colonization, domestication, agriculture