

A Different Way to Heal?

Activity 4: Grades 5-8

FRONTIERS Pop-Quiz

Enter correct quizzes in the FRONTIERS T-shirt drawing [see below!](#)



STUDENT :

TEACHER :

A DAY WITH WALLY SAMPSON

1) What is the source for most traditional Chinese medicines?

- a) The desert.
- b) The tropical forest.
- c) The ocean.
- d) Man-made chemicals.

2) How do dietary supplements like "Co-Enzyme Q-10" and the other products examined by Alan in the health food store differ from prescription drugs?

HERBAL HOPE

3) What does the name "PC-SPES" stand for?

4) What were some of the concerns of doctors interviewed on the program about herbal medications?

- a) They may react poorly with prescription drugs.
- b) They may offer patients false hope.
- c) They may cause patients to refuse conventional medicine.
- d) All of the above.

ADJUSTING THE JOINTS

5) The practice of chiropractic centers around which body part(s)?

- a) The throat.
- b) The legs.
- c) The spine.
- d) The knuckles.

6) What could be one potentially lethal result of chiropractic neck manipulation?

NEEDLES AND NERVES

8) According to the Chinese, what is the name of the body's basic life energy - the force they believe is stimulated by acupuncture?

9) In experiments, Dr. Longhurst was able to show that acupuncture had what effect on the body?

- a) Lowered blood pressure.
- b) Increased breathing rate.
- c) Extended periods of sleep.
- d) Strengthened muscles.

HEALING TOUCH

9) At Columbia-Presbyterian Hospital, why was the study measuring the effects of therapeutic touch on heart bypass patients halted?

10) In her study of therapeutic touch, Emily Rosa found that the practitioners she tested were correct in guessing where her hand was placed how often?

- a) More than half of the time.
- b) Never.
- c) Every time.
- d) Less than half of the time.

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Answers

- 1) b
- 2) They can be purchased without a prescription;
- 3) They do not need to demonstrate any proven effects
- 4) They do not need to be tested before being sold.
- 5) Prostate Cancer - Hope ("Spes" in Latin)
- 6) d
- 7) c
- 8) A major artery could receive a small tear, allowing a blood clot to enter the bloodstream and cause a stroke
- 9) Qi (pronounced "chee")
- 10) a
- 11) Some "sham" practitioners believed that they "felt something," so they could no longer be regarded as an adequate control group
- 12) d