Quotes by Cesar Chavez:

Once social change begins, it cannot be reversed. You cannot un-educate the person who has learned to read. You cannot humiliate the person who feels pride. You cannot oppress the people who are not afraid anymore.

To make a great dream come true, the first requirement is a great capacity to dream; the second is persistence.

Preservation of one's own culture does not require contempt or disrespect for other cultures.

History will judge societies and governments - and their institutions - not by how big they are or how well they serve the rich and the powerful, but by how effectively they respond to the needs of the poor and the helpless.

The fight is never about grapes or lettuce. It is always about people.

Non-violence is not inaction. It is not discussion. It is not for the timid or weak... Non-violence is hard work.

You are never strong enough that you don't need help.

Never, never is it possible to reach someone if you become angry or bitter. Only love and gentleness can do it. Maybe not this time but maybe the next or the hundredth time.

We draw our strength from the very despair in which we have been forced to live. We shall endure.