

MAKES 1 ½

REAL SIMPLE

Black Bean and Corn Salsa

INGREDIENTS

- 1 cup fresh or jarred salsa
- ¼ cup canned black beans, drained
- ¼ cup corn (fresh and cooked, or frozen and defrosted)
- tortilla chips (for serving)

Combine the salsa, black beans, and corn. Serve with tortilla chips.

Nutrition Per Serving

Calories 216 (13% from Fat) • Fat 3g (Sat 0g) • Sugar 0g • Protein 8g • Cholesterol 0mg
Sodium 321mg • Fiber 5g • Carbohydrate 41g

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