

**INGREDIENTS**

- bananas
- popsicle sticks
- honey
(spread out on a plate)
- granola
(spread out on a plate)
- a plate covered in wax paper for honey
- a plate covered in wax paper for granola
- a plate covered in wax paper to freeze the bananas on
- knife

Frozen Banana Treats

- 1 Check with a grown-up before you start.
- 2 Peel the bananas and cut them in half the short way.
- 3 Put a popsicle stick into the bottom of each banana.
- 4 Roll it in honey and then roll it in granola. The honey will let the granola stick to the banana.
- 5 You may also want to sprinkle some more granola on the banana after you roll it.
- 6 Put the bananas in the freezer for a few hours, then enjoy!
Bon Appetit!

Note: Be careful of food allergies.
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MEMO
